

D

DANGER

Check for danger to yourself, bystanders and patient.



R

RESPONSE

Check for response, talk and touch.



S

SEND FOR HELP

Call an ambulance on 000 or 112 from mobiles.



A

AIRWAY

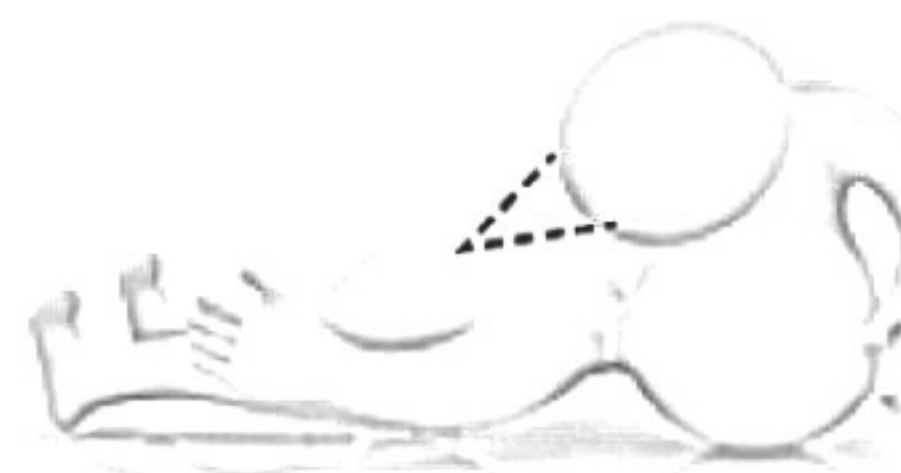
Clear and open airway
Adult/child – full tilt
Infant – neutral head position



B

BREATHING

Look, listen and feel for breathing. If not breathing normally, start CPR.



C

CPR

Perform 30 compressions followed by 2 breaths.

If unwilling/unable to perform rescue breaths continue chest compression.

30:2
compressions breaths



D

DEFIBRILLATION

Attach automatic external defibrillator (AED) as soon as possible and follow it's prompts.

