

KMR SAFETY FIRST

FIRST AID TRAINING KITS SUPPLIES

Keeping up to date | May 2013

Welcome to the May 2013 KMR Safety First keeping up to date.
As the temperature starts to drop its as important as ever to be first aid ready, remember you can contact the KMR Safety First office to discuss your first aid training and supply needs.

**ANY ATTEMPT AT RESUSCITATION IS BETTER THAN NO ATTEMPT,
BUT GOOD QUALITY CPR IS EVEN BETTER**

IS YOUR CPR UP TO DATE?

RESEARCH SHOWS THAT MOST CPR IS INEFFECTIVE.
WITH REGULAR TRAINING, AND EFFECTIVE COMPRESSIONS SURVIVAL RATES INCREASE.

IT IS RECOMMENDED THAT CPR BE REFRESHED ANNUALLY

Chain of survival



**MAKE YOUR ATTEMPT COUNT
BOOK YOUR CPR COURSE TODAY**

www.safetyfirst.com.au OR PHONE 9718 1733



COME AND SEE US AT THE
ALL FOR KIDS MARKET
Saturday 29th June (9 am to 1 pm)
Community Bank Stadium
129-263 Main Hurstbridge Road
DIAMOND CREEK

*Lots of
essential
gifts and
more!*

TRAINING YOU TO MAKE A DIFFERENCE

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