

# D

## DANGER

Check for danger to yourself, bystanders and patient.



# R

## RESPONSE

Check for response, talk and touch.



# S

## SEND FOR HELP

Call an ambulance on **000** or 112 from mobiles.



# A

## AIRWAY

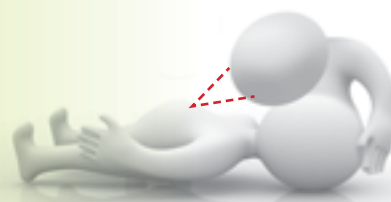
Clear and open airway  
Adult/child – full tilt  
Infant – neutral head position



# B

## BREATHING

Look, listen and feel for breathing. If not breathing normally, start CPR.



# C

## CPR

Perform 30 compressions followed by 2 breaths.

If unwilling/unable to perform rescue breaths continue chest compression.

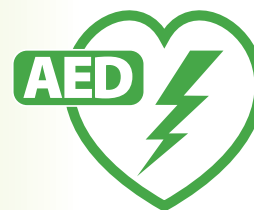
**30:2**  
compressions breaths



# D

## DEFIBRILLATION

Attach automatic external defibrillator (AED) as soon as possible and follow it's prompts.



# KMR SAFETY FIRST

FIRST AID TRAINING KITS SUPPLIES

## Training you to make a difference

Ph/Fax 03 9718 1733

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We provide Nationally Recognised Training. All those trained in CPR should refresh their CPR skills at least annually.

Display this DRS ABCD poster in a prominent location – it might just help to save a life