

D

DANGER

Check for danger to yourself, bystanders and patient.



R

RESPONSE

Check for response, talk and touch.



S

SEND FOR HELP

Call an ambulance on **000** or 112 from mobiles.



A

AIRWAY

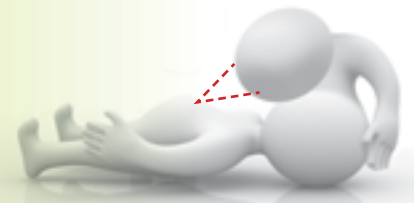
Clear and open airway
Adult/child – full tilt
Infant – neutral head position



B

BREATHING

Look, listen and feel for breathing. If not breathing normally, start CPR.



C

CPR

Perform 30 compressions followed by 2 breaths.

If unwilling/unable to perform rescue breaths continue chest compression.

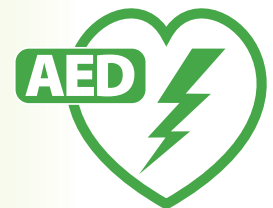
30:2
compressions breaths



D

DEFIBRILLATION

Attach automatic external defibrillator (AED) as soon as possible and follow it's prompts.



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We provide Nationally Recognised Training. All those trained in CPR should refresh their CPR skills at least annually.

Display this DRS ABCD poster in a prominent location – it might just help to save a life